

Hi,

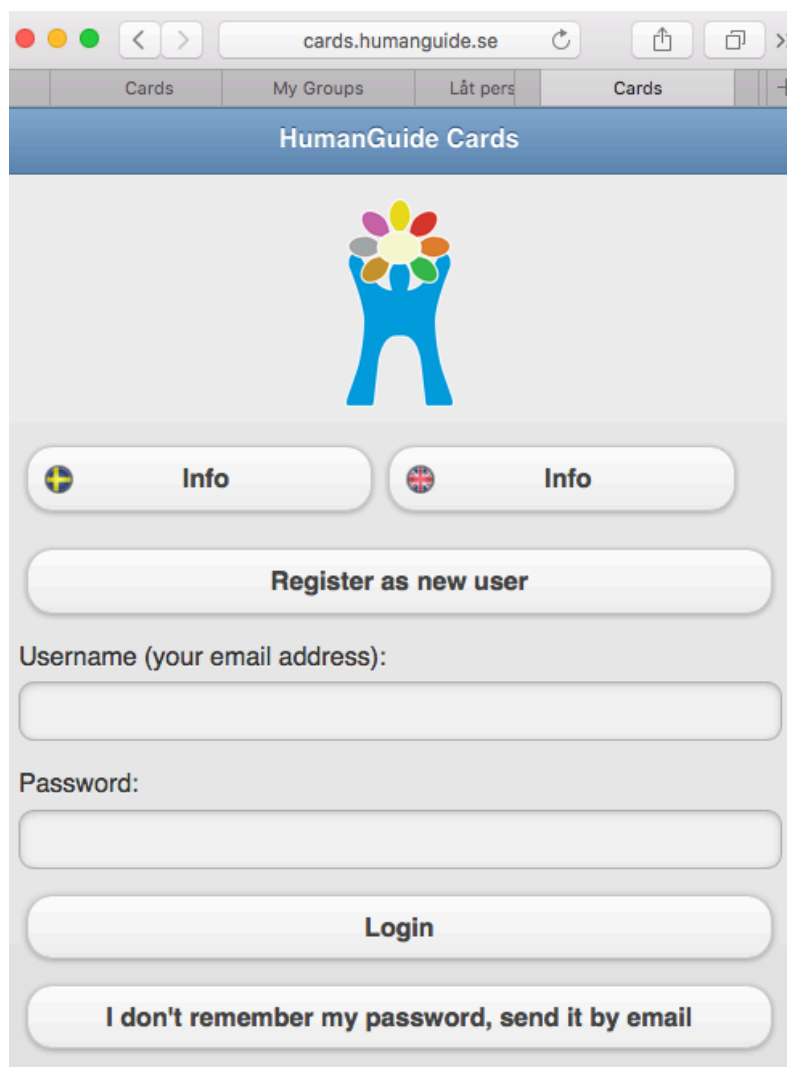
Here you will learn how to see the profile (test), which you have done on our website. At first you have to register in our webapp. That you can do by a smartphone, tablet or *also by a ordinary computer.*

INSTRUCTION FOR REGISTRATION IN OUR WEBBAPP

Go to the address cards.humanguide.se, which is a so-called webbapp, i.e. you don't need to download it. The app is a part of the **HumanGuide Cards**, which also consists of a deck of cards (the test in the format of a deck of cards). More information in the app.

1-You start the registration by clicking on the button **Register as new user**.

NOTE! The app is free to use.



The screenshot shows a web browser window with the address bar displaying "cards.humanguide.se". The page title is "HumanGuide Cards". The main content area features a logo of two blue hands holding a colorful flower-like shape. Below the logo are two buttons labeled "Info" with Swedish and UK flags. A large button labeled "Register as new user" is prominent. Below it are input fields for "Username (your email address):" and "Password:". At the bottom, there are buttons for "Login" and "I don't remember my password, send it by email".

2-On the next page you should register your e-mail address and chose a password plus also select **Svenska** or **English** as language. Click then on **Register**.

NOTE! In order to see your PersonProfile you have to use the same e-mail address, as you used when you did the test!

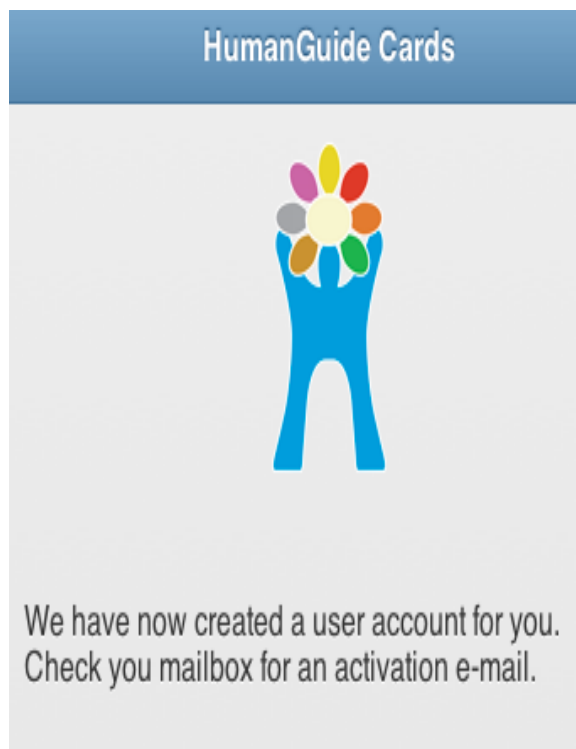
NOTE! Some menus and buttons are only in English. In order to simplify.



The screenshot shows the registration interface for HumanGuide Cards. At the top, there is a blue header with the text "HumanGuide Cards". Below the header is a logo consisting of a blue stylized human figure with its arms raised, holding a circle of colorful dots. The registration form includes the following elements:

- Text: "Register as new user:"
- Text: "Your email address:" followed by an empty text input field.
- Text: "Choose a password:" followed by an empty password input field.
- Text: "Choose a language:" followed by a dropdown menu showing "Svenska" with a downward arrow.
- A "Register" button at the bottom.

3-Then you will get a confirmation of your registration.

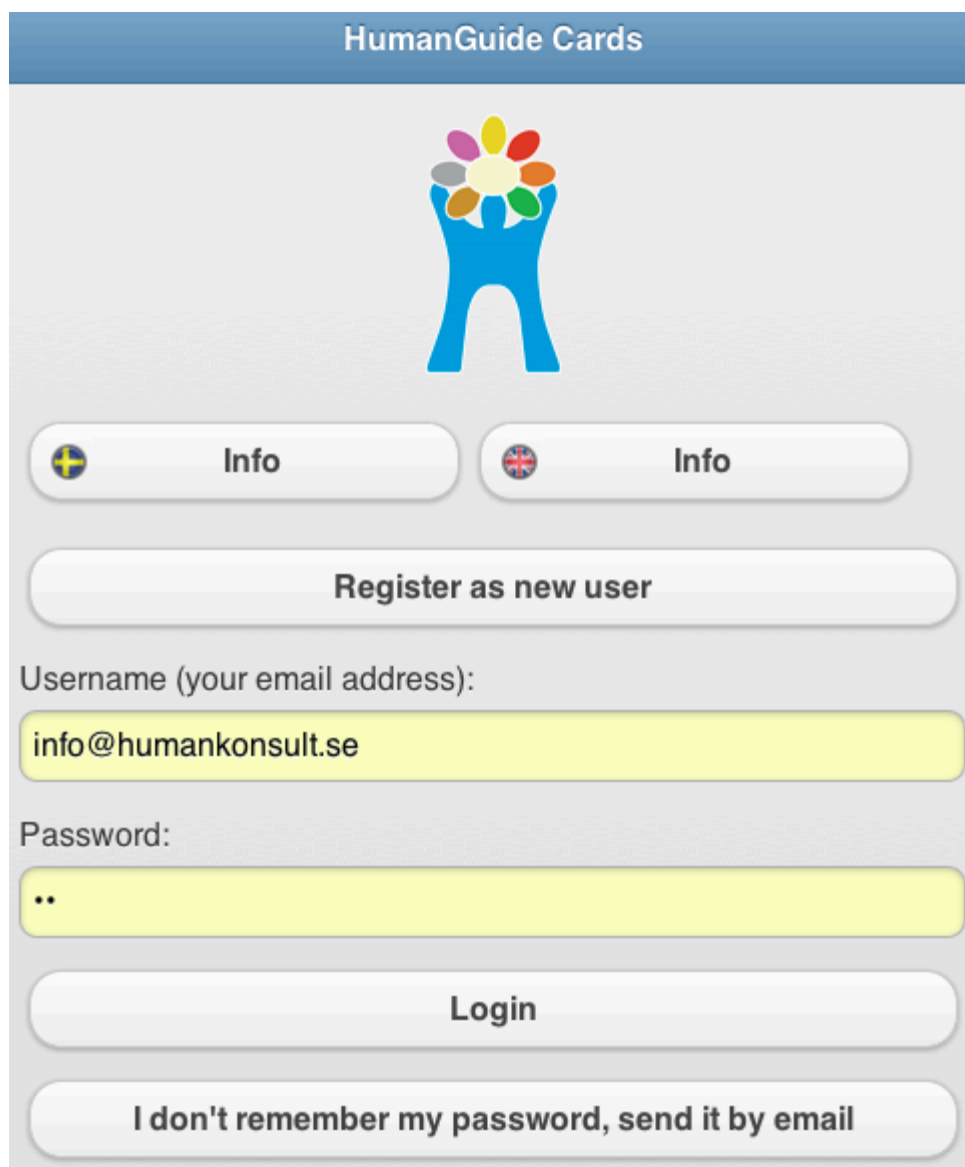


NOTE! This activation e-mail can arrive as SPAM!

4-When the activation e-mail arrives, then you click on the activation link.
Then you can use the app as much as you like, but of course you need to log in every time;-)

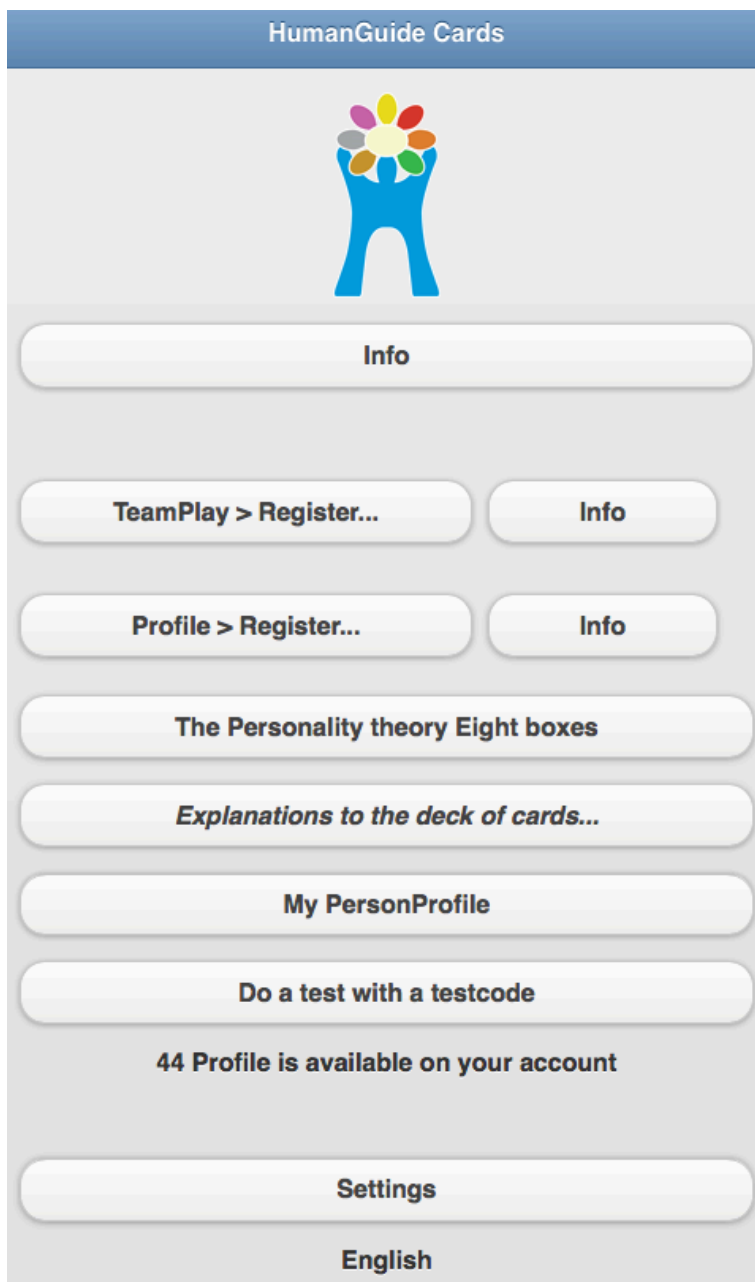
THE USE OF THE WEBBAPP IN ORDER TO e.g. LOOK at YOUR PersonProfile

1-Log in to the webbapp.

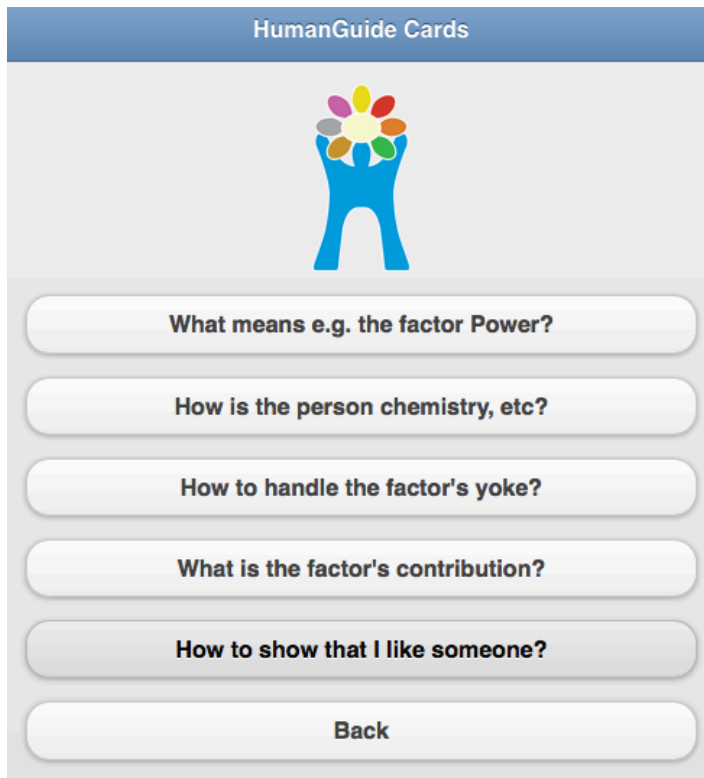


The screenshot shows the 'HumanGuide Cards' app interface. At the top, there is a blue header with the text 'HumanGuide Cards'. Below the header is a logo consisting of a blue stylized human figure with its arms raised, holding a colorful flower-like shape made of various colored petals. Below the logo are two buttons: one with a Swedish flag icon and the text 'Info', and another with a British flag icon and the text 'Info'. Below these is a large white button with the text 'Register as new user'. Underneath is a label 'Username (your email address):' followed by a text input field containing 'info@humankonsult.se'. Below that is a label 'Password:' followed by a text input field containing two asterisks. At the bottom, there are two more buttons: 'Login' and 'I don't remember my password, send it by email'.

2-Then you will come to the main menu



and the button for the sub menu **The Personality theory Eight boxes**, which you see on the next page...



On the main menu you will find a little down the button **My PersonProfile**
More about that you will find further down here. But now a little at first about the other buttons.

The **Info**-buttons and the buttons **TeamPlay...** and **Profile...** are used together with the deck of cards. **Info** gives of course information and the other buttons are for registration of the chosen cards.

The button **The Personality theory Eight boxes** leads to a sub menu, which gives access to the following crib pages, which are based on the theory

- **What means e.g. the factor Power?** which explains the theory's eight factors
- **How is the person chemistry, etc?** which explains what can happen in cooperation between two persons, how a job or culture matches, etc
- **How to handle the factor's yoke?** which explains every factor's yoke (when the strength is exaggerated) and how it can be handled
- **What is the factor's contribution?** which explains what it means that e.g. add a person in a team with a factor (strength), which no one else in the team has a strength
- **How to show that I like someone?** which gives tips how you can show extra appreciation to someone you like

The button **Do a test with a test code** are used by authorised users of the HumanGuide concepts.

3-When you have clicked on **My PersonProfile**, then it looks like this

HumanGuide Cards

My PersonProfile...
It is shown below as a so-called CoreProfile, i.e. you see your
• *primary factors (your strengths)*, when it is filled with a symbolic colour in the whole square
• *secondary factors*, when it is filled with a symbolic colour in half of the square

NOTE! If you click on a square, then you will come to a page, where the factor e.g. Power is explained. Click on the Back-button in order to come back.

You should focus on your strengths in your personal development. Let other people take care of tasks you don't like, if possible... However, be aware of your yoke, i.e. the strongest strength you can sometime exaggerate, so that tendency you should counteract in some way. There is more information about it in this app, if you click on the button "The Personality theory Eight boxes" in the main menu.

Strive to have a job, which fits as good as possible with your jackpot-activity, i.e. when you use all your strengths. Then you have maximum motivation. More about the jackpot-activity you will find in the book "Let the Personality Bloom".

When it is about to chose your lifepartner, then you should chose someone, who preferably has two or three strengths in common with you, i.e. then you get similar interests. Be aware if one of you has a strength, which is very low (empty square) for the other one, because then there could be crashes, which you need to handle in a good way. More information in the eBook "How to get a good lifepartner via the HumanGuide concepts?" (Today only available in Swedish).

On our website www.humanguide.com there is more information e.g. "*check-the-status-questionnaires*" for all our five service areas. We have also an eShop <http://humanguide.tictail.com>. (Today only available in Swedish, but planned to be one before June...).

PersonProfil 2001-05-17

Power	Exposure	Imagination	Contacts
		■	■
■			
Sensibility	Quality	Structure	Stability


Back

On the top of the page you will find some explanations of the profile e.g. primary and secondary factors and how you can use your profile.

NOTE! You can click on all the eight squares – chop and change – in order to get explanations for each factor (strength) in the theory.

4-Then it looks like this

HumanGuide Cards



Power - Strengths
energetic
competitive
straightforward
speedy
driving
eager
quick
strong

The colour **GREY** is a symbolic colour for power and symbolizes "cold" steel. A **HAMMER** can also be chosen as a symbol, because it is hard and full of kinetic energy.

It is important for *power* to use their strong sides constructively – otherwise they can stir up a good deal of animosity. Those they associate with could be too frightened to speak their minds. It is important to remember that *power* needs information delivered without frills in order to heed any objections. However, if *power* gets too much *exposure* this could make them prestige conscious (possible risk). One of the main advantages with *power* is that there is no waiting about to get to the point. Their motto is often "any decision is better than none". Other *power* advantages include messages being distinct – sometimes more distinct than *power* realises. *Power* likes to be physically active, maintain a fast pace and get things done quickly.

Although *power* is the opposite of *sensibility*, there are people who have both as dominant. *Power* has an advantage in that you don't have to be too gentle. The most effective method to slow *power* down is by asking questions like: "How can you be so sure of that?". Another alternative is to dish out praise, which usually makes most people slow down.

The most stressful situations for *power* are probably when things move too slowly or when *power* loses in any type of competition. Competitive spirit drives *power* to achieve and could well turn into a *performance yoke*. In one way, you could say *power* suffers less from stress than *sensibility*, but this is not entirely true. You could say that *power* imagines being stress free because *power's* tempo is high. However, closer observation will reveal several stress symptoms.

More info about the HumanGuide®-concepts - look at www.humanguide.com or buy the book "Let the Personality Bloom" via www.adlibris.com.

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If you like to learn more about your personality and personal development, then you have the book "**Let the Personality Bloom**". The book is a support and inspiration source for personal development. You will find more about the book on our website www.humanguide.com. **The book can be bought at www.adlibris.com** and there it is available also as an eBook. Both English and Swedish. The book is available here in Portuguese, i.e. "**Deixe a Personalidade Florescer**" at [Vetor Editora](#).

If you like to have a short explanation of the symbolic colours for the factors, which we use, then there is a link to a **video on the startpage** of our website humanguide.com. The video has speech on English and text in Portuguese. It is done by our partners in Brazil.

To your success!

We, who works with the HumanGuide concepts